

# Newsletter

April 2023



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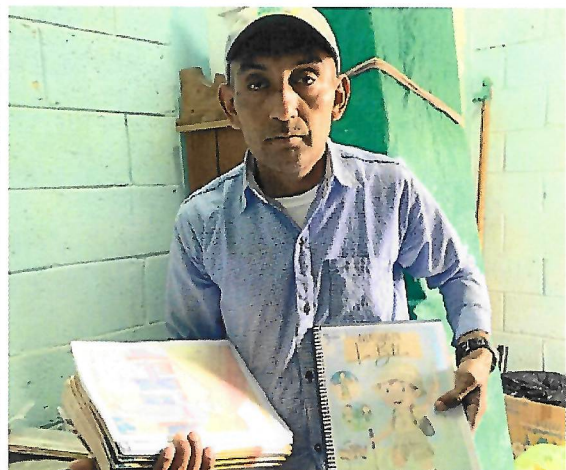
Fundación La Misión

Scholarship Program

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**What are we working on?**

**Bible Book**



We want to tell you that this year a Bible book was designed for children. The book is called "Adventures in the Bible", and it was created by two of our collaborators from La Mision, who had the desire to create it in their hearts, and it began as an initiative to help the little ones at school.

In addition, Professor Alejandro – our Bible Teacher – shared with us his concern to be able to better support the children, since for

him it is important that everyone can participate in the classes. When creating it, they looked for ways to find activities that were suitable for the needs of the children and at the same time, help them develop different skills that had not been worked on before.

Unfortunately, factors such as the family economy problems, access to education and nutrition mean that the educational progress of children living in the towns of Puerto Barrios is not the same compared to most children in other rural areas.

And faced with this problem, the idea was generated to start producing Bible study material that could focus on the skills and knowledge that children already possess, in order to guide them step by step to develop their motor skills in a practical and enjoyable way. We appreciate the support of organizations, people and sponsors who have generously donated and were able to have the resources to prepare it.

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## **Food Delivery**



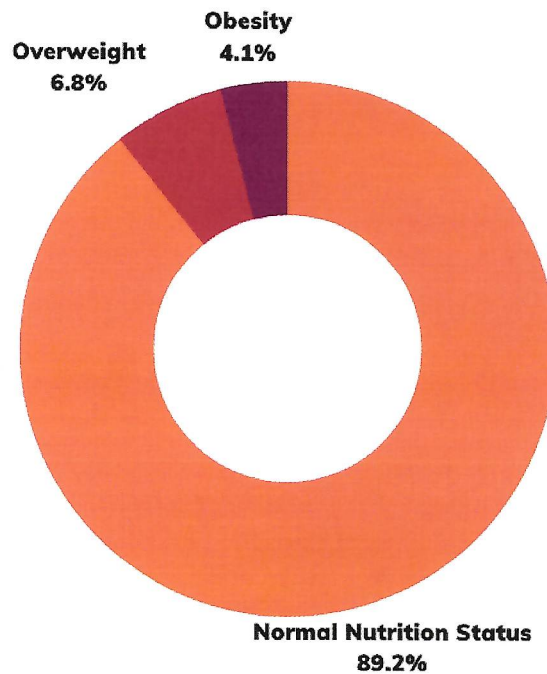
In the first months, food delivery at the schools of Sarita and Lampara have been very gratifying. Thanks to the support of all of you , we have been able to reach more children.

We are happy because we have been able to complete the scholarships for all the children at the Sarita School, so now we have more sponsors at the Lampara School, and now we are going to be able to help this community that is in great need. We have seen firsthand the positive impact that providing nutritious meals can have on the health and well-being of children.

By fighting malnutrition, we are not only helping these children grow and prosper, but we are also investing in the future of our community. We are grateful for the opportunity to make a difference and are committed to continuing this important work.

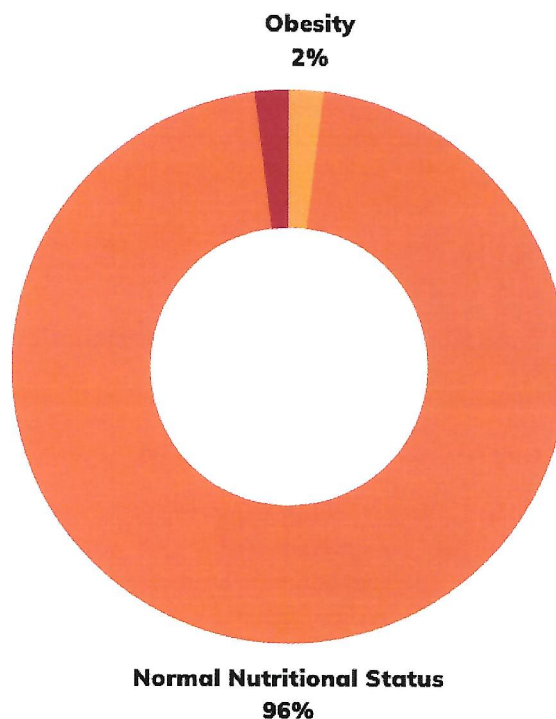
## Nutrition News

### CURRENT NUTRITIONAL STATUS SARITA SCHOOL JANUARY 2023



Of the children at Sarita school who were measured and weighed in January 2023 – as we were able to share with you last year – there is currently no data to suggest acute malnutrition. And as a result of nutritional support, 89% of children have a normal nutritional status, 7% are overweight, and 4% are obese. This great change in the nutrition of the children is due to the support they have received, since more food could be delivered and all the children have scholarships.

## CURRENT NUTRITIONAL STATUS LAMPARA SCHOOL MARCH 2023



Regarding the Lampara School, in the first measurement carried out on the children who are currently sponsored –at the moment it is not the entire school–

it can be observed that there are suggestive signs of acute malnutrition in 2% of the children, which indicates that 96% of children are within a normal nutritional status and 2% are classified as obese.

Our task and commitment now is to improve the nutritional status at the Lampara School. Addressing acute malnutrition among the 2% of children will require a comprehensive approach, including access to nutrient-dense food that we will provide through the grant, and possibly medical interventions. The task is challenging, but the potential benefits of improving children's health and well-being are immeasurable.

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